

Age-Friendly Communities of the Lower Kennebec

Food Resources During the COVID-19 Pandemic for Older Adults in Arrowsic, Bath, Georgetown, Phippsburg, West Bath and Woolwich



Senior/Older Adult Hours at area grocery stores: (Includes those with compromised immune systems and pregnant women as well).

- Brackett's Market IGA : Tuesday and Thursday from 7 to 8 am.
- Shaw's: Tuesday and Thursday from 7 to 9 am.
- Hannaford's: Tuesday, Wednesday and Thursday from 6 to 7 am

Grocery curbside pick-up: Bath Natural Market, located at 36 Centre Street, Bath, Maine, takes orders via email and calls you with a pick-up time Monday to Friday 10 am to 4 pm, email bathnaturalmarketorders@gmail.com. Pictures of items in stock are on their website and Facebook page.

Meals on Wheels: Call 207-607-4406. For people who are age 60+ and homebound now due to COVID-19 risk issues. Run by Spectrum Generations. Many deliveries by the Sagadahoc Cty Sheriff's department.

The Bath Area Food Pantry: Located at 807 Middle Street, Bath, Maine. For information, call 207-737-9289. Or email to: kfgates@gwi.net. Some limited delivery available. Donations welcome.

- For Groceries – pick-up at curb on Tuesday and Thursday from 5-7 pm.
- For bagged meals – Tuesdays from 12 to 2 pm. Bag contains 5 meals: one hot meal, another prepared meal and 3 frozen meals.

The Neighborhood Café, at Bath UCC, located at 798 Washington Street, Bath, Maine. Call ahead at 443-2187 to check capacity. To-go meal curbside Sunday at 4:30 pm. Call Jodi Malone for other food resources they sometimes have on hand. Email: jodimalone@hotmail.com. Donations welcome!

The Bath United Methodist Church, located at 340 Oak Grove Avenue, Bath, Maine. Call in advance 207-443-4701. To-go dinner on Wednesday from 4 to 5:30 pm. Can deliver in Bath. Donations welcome!

Bath Salvation Army Center, 25 Congress Street, Bath, Maine. Please call ahead to 207-443-3611 so a food box can be prepared for you. Curbside pick-up is available Monday, Wednesday and Thursday 10 am to 1 pm. Some delivery to vulnerable elders. Donations welcome.

Bath Farmer's Market – Now out at the Waterfront Park in Bath, Maine. Every Saturday from 8:30 am to 12 noon. Contact <http://bathfarmersmarket.com>. Will take SNAP.

Sagadahoc County Community Connection Check-In Program is a great way for homebound folks to stay connected via daily check-in calls from Sagadahoc County staff and get help with basic needs. Register with Grainne Shaw at 207-449-0185 or gshaw@sagadahoccountyme.gov.

The MerryMeeting Food Council is a great information source, with Community Nutrition Resource Guides for each town/city in our region at www.merrymeetingfoodcouncil.org/mfc-guides.

Revised 4/17/2020 at 6 pm, by Phyllis Bailey of the *Age Friendly Communities of the Lower Kennebec (AFCLK)*.